



mint wellness

Inspire. Reward. Spoil.

Salon Menu

Hermanus

Facials

Esse Express Facial R450 | 30 min

A fully customisable treatment targeted at achieving results in 30 minutes.

Bellabaci Derma-TX Hydra Collagen Facial R850 | 60 min

This luxurious wrinkle defence anti-aging treatment offers intensive skin nourishment and protects and fortifies the skin barrier. This hands-on facial offers superior anti-aging performance whilst intensively hydrating your skin leaving it plumper, lifted and firmer. Targeting fine lines and wrinkles by stimulating elastin production for the prevention of future wrinkles.

Hands and Feet

Express Manicure R460 | 30 min

File, shape, buff and paint.

Express Pedicure R550 | 30 min

File, shape, buff and paint.

Luxury Manicure R640 | 75 min

(Gel Application Option)

Hand scrub, massage, file, shape, buff, and paint.

Luxury Pedicure R705 | 75 min

(Gel Application Option)

Foot scrub, massage, file, shape, buff, and paint.

ADDITIONAL TOUCHES

Gel Soak-off (hands/feet) R150 | 20min

Gel Application R150 | 30min

Massages

Guest Welcome Massage.....R440 | 40 min R660 | 60 min

Our exclusive welcome treatment, designed as a reward for in-house guests. This focused massage relieves tension in the back, neck, head and feet through precise pressure-point work, leaving you feeling relaxed.

Tension Release Massage.....R1000 | 60 min

This focused massage relieves tension in the back, neck, head and feet through precise pressure-point work, leaving you feeling completely relaxed.

Swedish Massage.....R1050 | 60 min

A traditional full-body massage that soothes tired muscles, improves flexibility and enhances overall well-being through rhythmic, flowing strokes.

Aromatherapy Massage.....R1050 | 60 min

This massage incorporates hot stones for the first 10 minutes as a gentle, muscle-warming introduction using medium to firm pressure.

Mint Signature Deep Tissue Muscle ReliefR1100 | 60 min

A deep pressure massage to relieve tension ending off with a cooling Mint Gel.

Back, Neck and ShoulderR300 | 30 min
R450 | 45 min

Focused on relieving tension and tightness in the upper body, releasing stress and improving mobility.

Scalp and Neck Massage..... R360 | 30 min

Relieves built-up stress through focused pressure on the head and neck area, promoting calm and clarity.

Soothed Soles R450 | 45 min

Relaxing foot massage with cooling Mint Gel to refresh tired feet and improve circulation.

ADDITIONAL TOUCHES

Hot Stones incorporated with massages R150 | 15min
(Extended Time)

Bellabaci balm R150

Etiquette

We recommend that you arrive 15 minutes prior to your treatment time to allow for pre-treatment consultation and preparation.

A robe, slippers and disposable underwear are available for your use.

No treatment will commence without the client's signature and completion of the indemnity and consultation forms.

Gratuities are discretionary and are not included in the treatment price (usually between 10 – 15 %).

There is adequate public parking nearby. On-site parking available by arrangement.

Booking Terms and Conditions

Credit card details may be requested to secure a booking.

Full payment is required to secure couples treatments, group bookings and spa packages.

A special fee for appointments made outside of the normal working hours (subject to therapist availability), as well as group bookings, will be charged.

We reserve the right to cancel your appointment and book waitlisted clients should you be more than 15 minutes late for your confirmed booking without notifying the spa.

Bookings cancelled with less than 6 hours notice, will be charged at 100% of the booked treatment value, at the discretion of the Spa Manager.

Full treatment charge will apply for non-arrivals.

Children under the age of 14 must be accompanied by a parent/guardian for the entire duration of spa treatments and facilities.

Prices and any other details are subject to change with reasonable notice.
Terms and conditions apply.



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For further information, operating hours, gift vouchers and more Mint Wellness Spa's, please visit www.mintwellness.com